

Types of Diagnostic Imaging Tests

There are several types of diagnostic imaging tests. Each type is used based on what the provider is looking for.

<u>Radiography</u>: A quick, painless test that takes a picture of the inside of your body. These tests are also known as <u>X-rays</u> and <u>mammograms</u>. This test uses low doses of radiation.

Fluoroscopy: Uses many X-ray images that are shown on a screen. It is like an X-ray "movie." To make images clear, providers use a contrast agent (dye) that is put into your body. These tests can result in high doses of radiation. This often happens during procedures that take a long time (such as placing stents or other devices inside your body). Tests include:

- Barium X-rays and enemas
- <u>Cardiac catheterization</u>
- <u>Upper GI endoscopy</u>
- <u>Angiogram</u>

Magnetic Resonance Imaging (MRI) and Magnetic Resonance Angiography (MRA): Use magnets and radio waves to create pictures of your body. An MRA is a type of MRI that looks at blood vessels. Neither an MRI nor an MRA uses radiation, so there is no exposure.

<u>Ultrasound</u>: Uses sound waves to make pictures of the inside of your body. This test does not use radiation, so there is no exposure.

<u>Computed Tomography (CT) Scan</u>: Uses a detector that moves around your body and records many Xray images. A computer then builds pictures or "slices" of organs and tissues. A <u>CT scan</u> uses more radiation than other imaging tests. A CT scan is often used to answer, "What does it look like?"

Nuclear Medicine Imaging: Uses a radioactive tracer to produce pictures of your body. The tracer is given before the test. It may be injected, swallowed, or inhaled. A tracer is not a dye or a medicine and has no side effects. The radiation in these scans tends to be very low. Tests include:

- Bone scan
- PET scan
- Gallium scan
- <u>Thallium cardiac stress test</u>
- MIBG scan

To learn more about radiation in medicine, visit: <u>https://www.cdc.gov/nceh/radiation/ionizing.htm</u>